DEPARTMENT OF EDUCATION

OFFICE OF THE SECRETARY 800 Health and Safety

815 Health Examinations and Screening

1.0 Content

Pursuant to 14 **Del.C.** §§122(b)(2) and 406A, this regulation sets forth the health examination and screening requirements for students seeking to enrolled in Delaware public schools.

2.0 Definitions

The following words and terms, when used in this regulation, have the following meaning:

- "Health examination" means the medical examination done by a healthcare provider to determine health status and conditions.
- "Healthcare provider" means a currently licensed physician, advanced practice nurse, nurse practitioner, or physician's assistant.
- "Lead screening" means a capillary blood lead test, including where a drop of blood is taken from a finger or heel of the foot (16 Del.C. §2601(b)(5)).
- "Local Education Agency" or "LEA" means a public board of education or other public authority legally constituted within Delaware for either administrative control or direction of, or to perform a service function for, public elementary or secondary schools in a school district, or for a combination of school districts. The term includes an educational service agency and any other public institution or agency having administrative control and direction of a public elementary school or secondary school.
- "Oral health screening" means the screening done by a dental hygienist or dentist coordinated with the school by the Bureau of Oral Health and Dental Services.
- "School enterer" means any child between birth and 20 years inclusive enrolling and attending a Delaware public school district or public school for the first time, including but not limited to, foreign exchange students, immigrants, students from other states or territories, and children entering from non-public schools.
- "Screening" or "screenings" means the vision, hearing, postural gait, lead, and oral health screenings performed by the school nurse or other qualified healthcare professional, as provided in this regulation.

15 DE Reg. 838 (12/01/11)

25 DE Reg. 410 (10/01/21)

25 DE Reg. 755 (02/01/22)

28 DE Reg. 223 (09/01/24)

3.0 Health Examinations

- 3.1 All public school students shall have 2 health examinations, as provided in this section, that have been administered by a healthcare provider.
 - 3.1.1 The first health examination shall have been done within the 2 years prior to enrollment into a Delaware public school. Within 30 calendar days after enrollment, any public school student who has not complied with the health examination requirement shall have received the health examination or shall have a documented appointment with a healthcare provider for the health examination. If this documentation is not provided within 30 calendar days, the student shall be excluded from school until this documentation is received.
 - 3.1.2 The second required health examination shall be done within the 2 years prior to entry into grade 9. Within 30 calendar days after entry, any grade 9 student who has not complied with the second health examination requirement shall have received the health examination or shall have a documented appointment with a healthcare provider for the health examination. If this documentation is not provided within these 30 calendar days, the student shall be excluded from school until this documentation is received.
 - 3.1.3 Notwithstanding subsections 3.1.1 and 3.1.2, all students must meet the requirements under 14 **DE Admin. Code** 804 Immunizations.

- 3.1.4 The requirement for the health examination may be waived for students whose parent, guardian or relative caregiver as defined in 14 **Del.C.** §202(f), or the student if 18 years or older, or an unaccompanied homeless youth (as defined by 42 USC §11434a) presents a written declaration acknowledged before a notary public, that because of individual religious beliefs, they reject the concept of health examinations.
- 3.1.5 Notwithstanding the above, a second health examination shall not be required if the first health examination is within 2 years of entering Grade 9.
- 3.1.6 The Delaware School Health Examination Form or the Delaware Interscholastic Athletic Association Pre-Participation Physical Evaluation Form may be used as documentation of the health examination. For the purpose of this regulation, the "Delaware School Health Examination Form" means the age-appropriate form developed by the Delaware Department of Education or a substantially similar form for documenting information from the parent, guardian or relative caregiver, and healthcare provider on the student's health status. In addition, a district or charter school may accept a health examination or evaluation documentation on a form which includes, at a minimum, health history, immunizations, results of medical tests and screenings, medical diagnoses, prescribed medications and treatments, and healthcare plans.
- 3.1.7 The school nurse shall record all findings within the student's electronic health record (see 14 **DE Admin. Code** 811) and maintain the original copy in the child's medical file.

10 DE Reg. 1807 (06/01/07)

15 DE Reg. 838 (12/01/11)

16 DE Reg. 283 (09/01/12)

25 DE Reg. 410 (10/01/21)

25 DE Reg. 755 (02/01/22)

28 DE Reg. 223 (09/01/24)

Non regulatory note: See 14 **DE Admin. Code** 1034 DIAA Health and Safety Requirements for physical or health examination requirements associated with participation in interscholastic sports.

4.0 Screening

- 4.1 Vision and Hearing Screening
 - 4.1.1 Each public school student in kindergarten and in grades 2, 4, 7 and grades 9 or 10 shall receive both a vision screening and a hearing screening by January 15th of each school year.
 - 4.1.1.1 In addition to the screening requirements in subsection 4.1.1, screening shall also be provided to school enterers, students referred by a teacher or an administrator, and students considered for special education.
 - 4.1.1.2 Driver education students shall have a vision screening within 1 year of their in-car driving hours.
 - 4.1.2 The school nurse shall record the results of the vision and hearing screenings within the student's electronic health record (see 14 **DE Admin. Code** 811) and shall notify the parent, guardian or relative caregiver as defined in 14 **Del.C.** §202(f), or the student if 18 years or older, or an unaccompanied homeless youth (as defined by 42 USC §11434a) if the student has a suspected problem.
- 4.2 Postural and Gait Screening
 - 4.2.1 Each public school student in grades 5 through 9 shall receive a postural and gait screening by December 15th of each school year.
 - 4.2.2 The school nurse shall record the findings of the postural and gait screening within the student's electronic health record (see 14 **DE Admin. Code** 811) and shall notify the parents, guardian or relative caregiver as defined in 14 **Del.C.** §202(f), or the student if 18 years or older, or an unaccompanied homeless youth (as defined by 42 USC §11434a) if a suspected deviation has been detected. If a suspected deviation is detected, the school nurse shall refer the student for further evaluation through an on-site follow up evaluation or a referral to the student's healthcare provider.
- 4.3 Lead Screening
 - 4.3.1 School enterers at kindergarten or at age 5 or prior, shall be required to provide documentation of lead screening as per 16 **Del.C.** §2603. Except in the case of enrollment in kindergarten, the screen may be done 60 calendar days of the date of enrollment.
 - 4.3.2 The school nurse shall document the lead screening within the student's electronic health record. See 14 **DE Admin. Code** 811.

Non-regulatory note: The Childhood Lead Poisoning Prevention Act, 16 **Del.C.** Ch. 26, requires healthcare providers to order lead screening for children at or around 12 and 24 months of age. A child is not required to undergo the screening if the child's parent or guardian objects on the grounds that the screening conflicts with the parent's or guardian's religious beliefs. 16 **Del.C.** §2602(e).

4.4 Oral Health Screening

- 4.4.1 Beginning with the 2024-2025 school year, and for each school year thereafter subject to 14 **Del.C.** §4123(f), each school, through the Bureau of Oral Health and Dental Services shall provide an oral health screening to each student enrolled in kindergarten by the last student attendance day of the school year.
- 4.4.2 The school shall record the results of the oral health screening within the student's electronic health record.
- 4.4.3 If a student fails the oral health screening, the school shall notify the student's parent, guardian, or relative caregiver.

Non-regulatory note: Pursuant to 14 **Del.C.** §4123(e), the Bureau of Oral Health and Dental Services is required to inform a parent or guardian of each student's oral health status by sending home, with the student, a copy of the dental screening results and to refer students who need a dental referral or restorative care to a dentist.

```
10 DE Reg. 1807 (06/01/07)
15 DE Reg. 838 (12/01/11)
16 DE Reg. 283 (09/01/12)
25 DE Reg. 410 (10/01/21)
25 DE Reg. 755 (02/01/22)
28 DE Reg. 223 (09/01/24)
```

5.0 Health Records

If the student is at risk of exclusion because of not meeting the health examinations or immunization documentation requirements, the school nurse may contact the previous Delaware public school nurse to obtain health examinations and immunization records.

```
25 DE Reg. 410 (10/01/21)
28 DE Reg. 223 (09/01/24)
```

6.0 Special Considerations

- 6.1 School districts and charter schools shall ensure that policies concerning immunization, guardianship and birth certificates do not create barriers to the school enrollment and participation of identified special populations.
- 6.2 Special consideration should be given to the following populations:
 - 6.2.1 Homeless Children and Youth The federal McKinney-Vento Homeless Assistance Act, 42 USC §11301 et seq., requires immediate enrollment and entry to school, even if students are unable to produce immunization or other medical records. The Delaware public school nurse and the LEA Homeless Education Liaison at the enrolling school shall work together to obtain the necessary immunization records as soon as possible. If a student has not had immunizations, the school nurse and LEA Homeless Education Liaison shall assist homeless children and youth in meeting the immunization requirements.
 - 6.2.2 Youth in Foster Care The federal Elementary and Secondary Education Act of 1965, Section 1111(g)(1)(E) requires that when a determination is made that it is not the best interest of a youth in foster care to remain in the school of origin, the child is immediately enrolled in a new school, even if the child is unable to produce records normally required for enrollment. The enrolling school shall immediately contact the school last attended by any such child to obtain relevant academic and other records. The school nurse and LEA foster care liaison at the enrolling school shall work together to obtain the necessary immunization records as soon as possible.
 - 6.2.3 Military-Connected Youth In accordance with the provisions of 14 **Del.C.** Ch. 1, Subchapter III-A Interstate Compact on Education For Children of Military Families (MIC3) and its enabling regulation, a school enterer or secondary school student who is subject to MIC3 shall be allowed 30 calendar days from the date of enrollment or within such time as is reasonably determined under the rules promulgated by the Interstate Commission, to obtain or to initiate a series of immunizations required by this regulation. The Delaware public school nurse of the enrolling school shall work with the parent or guardian of the school enterer to obtain the necessary immunization records as soon as possible.

7 DE Reg. 68 (07/01/03)

10 DE Reg. 1807 (06/01/07)

15 DE Reg. 838 (12/01/11)

16 DE Reg. 283 (09/01/12)

23 DE Reg. 208 (09/01/19)

25 DE Reg. 410 (10/01/21)

25 DE Reg. 755 (02/01/22)

28 DE Reg. 223 (09/01/24)